

3 Card Spreads

First Card	Second Card	Third Card
You	Time Frame (influences in the short run)	Him
What will happen	What you can do	What will change
Body	Mind	Spirit
You in the situation	The intrinsic nature of the situation	The resolution factor
You	What you need to do to achieve your desired outcome	Your desired outcome
Past	Present	Future
Background	Problem	Advice
What is my intuition is trying to tell me?	Why is my intuition telling me this?	How can I put this suggestion into action
Sun – the outward appearance of the situation; how the world sees it	Moon – the inward manifestation of the situation; how it makes you feel	Star – the way you can make the situation work for you
What will happen if I do nothing	What I can do	What will change
The issue or situation	The challenges or blocks or fears that are preventing you from moving forward	What actions should I take to overcome these challenges/blocks/fears?