

Anne Bolender, Clarity Alchemist

Worksheet: Tarot Spreads

Tarot Spreads and Layouts for Beginners

One Card Spreads:



I use a One Card Spread for my Daily Tarot Guidance Reading. I ask the question “What advice do you have for me today?” as I am shuffling the cards. I fan the cards out of a table, face down, and then either using my intuition or using a pendulum, I run my hand over the cards and select my card for the day.

To read the card, I first look at the symbols and what they mean to me, and then scan the card’s definition and key words in my favorite Tarot reference book. I keep my notes in my daily Tarot Journal, and will often use the messages I receive from these cards as the basis for my daily scripting practice.

Two Card Spreads:



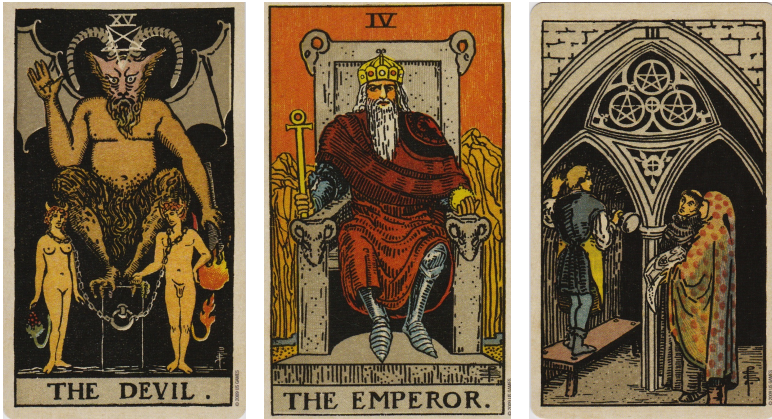
Two card spreads can be used to ask the Pros (Card 1) and Cons (Card 2) of a specific decision you are trying to make – the pros of moving versus the cons of moving.

They can be used to decide Yes/No questions (if both cards are upright, then the answer is “Yes”, if both cards are reversed then the answer is “No”, if one card is upright and one card I reversed then the answer is “Maybe”.

Two card spreads can be used to determine a situation (Card 1) and an obstacle or an opportunity (Card 2), presented by the situation.

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Three Card Spreads:



Three card spreads are incredibly versatile and provide a massive amount of information for even novice readers.

Beginners can use Three Card Spreads to explore:

- past, present, future
- what will happen, what you can do, what will change
- what is, what you want, where you are focused
- where your focus is taking you, advice or comment, something worth considering
- situation, challenge, action or advice
- mind, body, spirit
- background, problem, advice
- what my inner voice is trying to tell me, why my inner voice is telling me this, how can I put this suggestion into action.

With three card spreads, you can go deeper into the reading by comparing the three cards. If you are doing a past, present, future reading then see if you can identify similar symbols in all three cards; or identify what is significantly different about the three cards (are the colors brighter in the future card? Is the landscape more lush and abundant?)

The meaning you give each card will be determined by the question you are asking, and the answer you receive for each card should be interpreted based on what you have claimed the card to mean.